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2019 Annual Meeting Agenda

6:00—6:45  Social Time & Dinner

Welcome  Kristen Sutherland, Executive Director

Business Meeting  Kathleen Thibault, President, Board of Directors
Vote to Accept the 2018 Pine Tree Hospice Annual Minutes

Vote to Accept the 2019 Pine Tree Hospice Annual Report
(includes 2019 Committee Reports and PTH Annual Budget FYE 9/30/20)

Vote to Approve 3rd Term for Board Members
Dolores Curtis

Vote to Approve New Board Member
Wendy Hutchins

Vote on Bylaw Change to Approve removal of reference to Evergreen within
ARTICLE VII,SECTION 3 C: "Evergreen Center for Grieving Children and their Families"
* Evergreen Center for Grieving Children and their Families
* Evergreen Curriculum in Collaboration with the Education Committee

Election of 2019-2020 PTH Officers and Directors, presented by Kristen Sutherland
President:  Kathleen Thibault
Vice President:  Matthew Raynes
Secretary:  Donna Peterson
Treasurer:  Nolan Lovell

Volunteer Appreciation and Recognition Awards
Cheryl Crabtree, Coordinator of Volunteers and Client Services
Lisa Joy White, Bereavement and Education Coordinator

Program  Seasons of Change

Adjournment of Meeting  Kristen Sutherland, Executive Director
Pine Tree Hospice Annual Meeting Minutes
November 15, 2018
Dover-Foxcroft Congregational Church

Board Members Present:  Kathleen Thibault, Matt Raynes, Donna Peterson, Alice Bunn, Toby Nelson, Nolan Lovell, Sue McNulty
Board Members Absent:  Rhonda Taylor, Marsha Hansen, Pam Tower, Ryan Dankert, and Dodie Curtis.
Staff Present:  Jane Stitham, Lisa White, Sherri Jackins, and Pam Pultz.

CALL TO ORDER: Social time began at 6:00 and the meeting was called to Order at 6:49 by PTH Board President, Kathleen Thibault.

BUSINESS MEETING:
A motion was made and seconded to accept the 2017 Annual Meeting Minutes. The motion was Approved Unanimously.

A motion was made and seconded to approve the 2018 PTH Annual Report, including the PTH Annual Budget for FYE 9/30/19. The motion was Approved Unanimously.

A motion was made and seconded to approve a 3rd Term for Board Members Donna Peterson and Marsha Hansen. The motion was Approved Unanimously.

Three new Board Members, Toby Nelson, Nolan Lovell, and Ryan Dankert, were introduced and a Motion was made and seconded to approve them. The motion was Approved Unanimously.

The Slate of PTH Officers for 2018-2019 was presented by Jane Stitham. President – Kathleen Thibault. Vice President – Matthew Raynes. Secretary – Donna Peterson. Treasurer – Rhonda Taylor. A motion was made and seconded to approve the Officers as presented. The motion was Approved Unanimously.

The Program “Hospice is…..” was then commenced. Each member present was given a paper leaf and asked to write one word or phrase that embodied what hospice is to them. The leaves were then collected and each one read aloud as they were hung on a “tree” of life.

Executive Director, Jane Stitham then spoke briefly about volunteers, both direct and indirect and the kinds of things they do for PTH. She shared some stories and experiences of what some volunteers have done for PTH.

Coordinator of Volunteers and Client Services, Lisa White then recognized and thanked the volunteers who serve PTH. She then gave out several Volunteer Appreciation and Recognition Awards as follows:
    Direct Care Training Participants that were recognized were Debbie Breckenridge, Kim Gilbert, Rev. Sue Burgess, Chris Ryder, Jean Giacomuzzi, and Melissa Veraldo.
    Five Year Service Awards were presented to Rita Mountain, and Laura Posca,
    Ten Year Service Awards were presented to Alice Bunn, Deb Drew, Beverly Crockett, and Pam Tower.

    Twenty Year Service Awards were presented to Dodie Curtis and Priscilla Higgins.
    Special Recognition Awards were presented to:
        Rita Corbin, Bereavement Facilitator
        Helen Higgins, Direct Care Volunteer
        Jayne Sharrow, Indirect Care Volunteer
        Donna Peterson, Board Member
        Dillon Catering, Business Recognition Award

Jane Stitham then recognized her staff members for their dedication throughout the year. Jane was then recognized by her staff.

Kathleen Thibault then made a few closing remarks. A motion was made and seconded to adjourn the meeting. The motion was Approved Unanimously and the meeting adjourned at 7:52.

Respectfully submitted by Donna Peterson, PTH Board Secretary
Pine Tree Hospice Mission, Vision & Values

Pine Tree Hospice Mission

Pine Tree Hospice staff and volunteers provide non-medical care, support, and education, with respect and dignity, to people journeying through progressive life-limiting illnesses, caregiving, and bereavement, thereby enhancing and honoring quality of life.

Pine Tree Hospice Vision

Pine Tree Hospice foresees a community in which members openly discuss caregiving, end of life, and bereavement issues and actively provides compassionate care to one another through these precious life journeys.

Pine Tree Hospice Values

- Respect and Dignity
- Comfort and Peace of Mind
- Learning and Education
- Empathy and Compassion
- Open and Honest Communication
- Quality and Safety of Care

Board of Directors

- Alice Bunn
- Dolores Curtis
- Marsha Hansen
- Sue McNulty
- Toby Nelson
- Donna Peterson
- Matt Raynes
- Rhonda Taylor
- Kathleen Thibault
- Pamela Tower
- Ryan Dankert
- Nolan Lovell

Staff

- Kristen Sutherland, Executive Director
- Cheryl Crabtree, Coordinator of Volunteers and Client Services
- Lisa Joy White, Bereavement and Education Coordinator
- Sherri Jackins, Administrative Assistant
- Pamela Pultz, Program Assistant
2019 Volunteer Recognition

Direct Care Training Participants

C. Alison Barkley
   Sherrill Berry
   Al Bogdanski
   Cheryl Crabtree
   David Frasz
   Joanne Gray
   Marie McSwine
   Bill Orton
   Kristen Sutherland
   Robert Tirone

ACP Facilitator Training Participants

Sherry Corbin
   Andrea Koltai-Price
   Janet May

5 Years’ Service Award

Rita Corbin
   Sue McNulty
   Marsha Hansen
   Jayne Sharrow

15 Years’ Service Awards

Sherry Corbin

Board Retirement Recognition

Alice Bunn
   Rhonda Taylor

Business Recognition

Gordon Contracting
Pine Tree Hospice Statistics

Volunteer Service Hours

Total Volunteer Hours FY 2015-2016  4,045
Total Volunteer Hours FY 2016-2017  4,551
Total Volunteer Hours FY 2017-2018  4,388
Total Volunteer Hours FY 2018 - 2019  **4,399**

# of individuals served by PTH programs

Hospice/Community Individuals Served  150  Plus Families
Bereavement Program Attendees  142
Caregiver/Education Event Attendees  661
Community Awareness  831
**1,784** Total Served

Hospice Care Client Statistics

Hospice Clients Served

Men  55%
Women  45%

Where Served:

Personal home  80%
Nursing Home/Medical Facility  20%

Direct Volunteers Who Provided Hospice Direct Care

Men  17%
Women  83%

Diagnoses of Hospice Care Clients Served Over Past Year

ALS  Alzheimer’s disease  CREST
Aortic stenosis  End-stage kidney disease  Bladder cancer
Brain tumor  Prostate Cancer  Breast cancer
Lung cancer  Cerebral Infarct/Stroke  Multiple Sclerosis
Congestive heart failure  Cerebral Ischemia  Vascular dementia
Dementia  Chronic Heart Failure  Frontal temporal dementia
Parkinson’s disease  Pulmonary hypertension  Leukemia
Chronic obstructive pulmonary disease
On behalf of the Board of Directors for Pine Tree Hospice, I would like to welcome you to the 2018-2019 Annual Meeting.

This year, the event’s theme is “Seasons of Change.” While some things have not changed— the programs have remained strong and meaningful and the care which has been rendered has been done with grace and compassion — characteristics that Pine Tree Hospice is known for. We can all agree that 2018-2019 has been a year of great transition.

The number of hours of volunteerism, the lives impacted, and the funding dollars raised have all been calculated and reported. However, these are not what we, as Board of Directors, are most impressed by. It is enthusiasm and diligence with which the staff and volunteers do the work that they do.

Please join me tonight in celebrating the successes and changes that we have witnessed in 2018-2019 and the individuals instrumental in making these achievements happen.

Thank you for joining us and for all that you do to support the mission and vision of Pine Tree Hospice.

Sincerely,

Kathleen Thibault, D.O.
President, Board of Directors
Seasons of Change, a theme with so many meanings. The changes we see throughout the seasons are amazing. From the out of this world colors and scenes of fall to the first quiet snowfall that blankets everything in pure white. Spring wonders as flowers compete to break out of the ground first and the energy and buzz of summer. Life, we know, has endless amounts of change. Heraclitus, a Greek philosopher, is quoted as saying “change is the only constant in life.” Our life begins changing the moment we are born. We navigate through different roles within family, interests, jobs, homes, friends, at times celebrating the change, at other times missing the past. Change becomes a great equalizer, we all have experienced it, learned from it, and grown from it.

This theme is so fitting as we end a year that included some significant changes for Pine Tree Hospice. Programming changes included morphing the format of “Lunch & Learn” to “Growing through Grief”, allowing more time for education and programming while maintaining the fellowship of sharing dessert. Our Book Club was updated and has had a resurgence of participants. Fundraisers follow their own lifespan. Often taking awhile to get off the ground, picking up momentum but over the course of time fade out. Recognizing this is important to staying current and getting the most value from the limited time and funds available. For an organization to thrive, changes to programming and fundraising are necessary. The work by our committees to assess the need for change while brainstorming new ideas is invaluable.

Another change for Pine Tree Hospice has been with staffing. A position was split into two: Coordinator of Volunteer & Client Services and Coordinator of Bereavement & Education. This has allowed a staff member to continue the pursuit of lifelong learning as well as an opportunity to welcome someone new with a lot of experience. I have appreciated how welcomed I have been to the position of Executive Director. The transition was very well thought out and I believe leaves Pine Tree Hospice in the best possible situation after such a significant change. I am excited about the future of this organization. My promise to you is to work hard to further the mission of Pine Tree Hospice.

One thing however we can celebrate not changing is continuing to provide quality service to our friends and neighbors!

Respectfully submitted in service to our communities,

Kristen Sutherland
Kristen Sutherland, LMSW
Executive Director
Message from the Coordinator of Volunteers and Client Services

With less than three months on the job, I remain in the early stages of learning the complex responsibilities of the Coordinator for Volunteers and Client Services for Pine Tree Hospice. Lisa has patiently helped me begin to understand licensing requirements, medical hospice paperwork, monthly reports, getting to know volunteers, home visits, and team meetings. While seeking to learn the paperwork process, I hold fast to the reason I applied and accepted this job. I care deeply for caregivers. Experience as a caregiver motivated my study of this group of unpaid, loving laborers. My desire to affirm and empower these unsung heroes is the power source that drives me to learn the requirements of this job. Working in homes with families and matching the right volunteer for the unique needs of each family. That is my favorite part of this work.

Arriving in the Basket House each day is delightful. Sherri greets me with a smile and a listening ear. I am one of many coordinators that have enjoyed her kind and helpful nature. On days when Pam arrives, I appreciate her dynamic presence and willingness to help in any way she can. While Jane has been mentoring Kristen into the Executive Director position, I have benefited by bouncing ideas around with two directors. Recently, Kristen and I enjoyed learning more about each other as we traveled to Portland to the first National Hospice Volunteer Conference. I enjoyed many of the breakout classes including “Compassion Fatigue: Recommendations for Health Care Providers and Volunteers” and “Ethical and Practical Considerations for Caring Hearts”. I hope to share some of what I learned there at future team meetings.

Meeting and working with Pine Tree Hospice indirect and direct care volunteers is inspiring. I see it as a great privilege to serve them. The great work of Pine Tree Hospice would not be possible if not for indirect volunteers sustaining the underpinnings of the organization. Indirect work includes fundraising, cooking for events, inputting data for licensing records, and all the important committees including the Board of Directors. Dedicated service by these volunteers to educational opportunities and outreach to the community have included Caregivers Book Club, It’s All About You Caregiver Event, Yoga Nidra, Dementia Care with Kathryn Pears, and more. Direct care volunteers make a difference in the lives of families. Clients and caregivers have voiced great appreciation for the bits of enjoyment and fulfillment added to their lives by respite support, taking short rides or walks, playing games, singing, reading, or assisting with writing life reviews. The breadth of Pine Tree Hospice outreach is possible because of so many people. I look forward to this new 2019-2020 year as coordinator.

Yours in service with respect, Cheryl Crabtree, Coordinator of Volunteers and Client Services
After writing as the Coordinator of Volunteers & Client Services (CoV&CS), for the past several years, it is with mixed feelings that I now write my first report as the Bereavement & Education Coordinator. I already miss working so closely with the Direct Care volunteers and the hospice families, but I also find comfort in knowing that they are all in very competent and caring hands of the new CoV&CS, Cheryl Crabtree. At the same time, I am also super excited to be able to focus on the areas I am passionate about and have specifically been trained in thanatology—bereavement support and bereavement and of end of life education.

**Bereavement.** We live in a society where grief is often overlooked or ignored. After all, grief can be very painful, and many folks don’t feel comfortable being in the presence of someone else’s pain. PTH is working hard to change society’s perception of grief and mourning as we believe that there can be a great deal of growth for someone who is on their grief journey when that person receives the support he or she needs.

The bereavement programs had some success over the past year. Lunch & Learn, which offered an adult grief support group followed by lunch and a grief-related presentation has consistently had a strong attendance. Growing Through Grief has taken its place and follows the same format, except that dessert is offered rather than a full lunch. This allows for presentations that can be more interactive. We are looking forward to all this new program can offer to bereaved adults in our communities. The evening grief support group for adults has served its participants well. It is always wonderful to witness someone who has utilized PTH services along their grief journey and reaches a point in their journey where our services are no longer needed. It is an honor and a privilege to walk along folks during this difficult time.

I have been thrilled to have had the opportunity to work closely with local artist, Creative Play Coach, and Life Stress Reduction Facilitator, Terri Kelley Palin, in offering Artful Grief workshops. Those who have attended have expressed much delight in exploring various ways of expressing their grief through various art media. One participant commented, “I am so glad I came today. This has been so much more helpful than I ever imagined, and I found myself having fun at the same time!” Future artful grief workshops for children, teens, and adults are already being planned. Additionally, I am hoping to hold workshops using movement, yoga, and/or mindfulness to explore and process grief.

Our annual remembrance event was held in April and was called “A Celebration of Life.” Grief is both a very private and a social matter. Events such as these offer community members a time to come together to remember, celebrate, honor, and grieve those who have died as well as provide support to one another.

**Education.** PTH offers so many fabulous opportunities for high quality education to its volunteers and to all members of the communities, including employees from other organizations. Educational events this past year included community movies, book club, Dementia Care, Elder Law, and Nuts & Bolts of Caregiving, as well as the various sessions held in the new direct care volunteer and bereavement facilitator trainings.

I am thrilled to announce that in January I trained three additional Advance Care Planning (ACP) Facilitators to hold seminars throughout the PTH coverage area. Seminars have been held in Dover-Foxcroft, Milo, Sangerville, Dexter, and Greenville. In addition to the ACP seminars, PTH was proud to collaborate with Center Theatre to encourage community members to contemplate end of life issues and advance planning through the production of “Tuesdays With Morrie” and facilitation of discussions after the play.

**Quality Assurance.** Part of my new position is to oversee parts of the quality assurance of our programs and to help prepare for State licensing. PTH is proud to provide high quality services through its various programs. There are protocols in place to ensure that services continue to meet these standards. Such protocols include telephone surveys with clients and families within two months of coming on service as well as annual telephone surveys with all volunteers. Additionally, a quality assurance record review of all client files is completed quarterly as required by the State. Over the next year I will be working closely with several committees to ensure that PTH staff and volunteers are doing everything possible to continue to put forth the highest quality services.

In Service and With Much Appreciation,
Lisa Joy White, MA, CT
Bereavement & Education Coordinator
# Pine Tree Hospice Committees

## Hospice
- Alice Bunn  Chair
- Dodie Curtis
- Cheryl Fairbrother
- Deanne Merrill
- Chris Ryder
- Jayne Sharrow
- Jane Stitham
- Lisa White
- Kristen Sutherland
- Barbara Brown
- Judy Raymond

## Bereavement
- Ardis Hacker  Chair
- Marsha Hansen
- Pam Tower
- Sue McNulty
- Priscilla Higgins
- Kathy Willey
- Jane Stitham
- Lisa White
- Kristen Sutherland

## Education
- Ardis Hacker  Co-Chair
- Sherry Corbin  Co-Chair
- Sue McNulty
- Priscilla Higgins
- Janet Sawyer
- Andrea Thurlow
- Jane Stitham
- Lisa White
- Kristen Sutherland

## Board Development
- Marsha Hansen  Chair
- Jane Stitham
- Kathleen Thibault
- Sue McNulty
- Kristen Sutherland

## Finance
- Rhonda Taylor  Chair
- Jane Stitham
- Matt Raynes
- Donna Hathaway
- Kristen Sutherland
- Dale Shaw

## Public Relations
- Toby Nelson  Chair
- Kristen Sutherland
- Foxcroft Academy Students
- Pamela Pultz

## Fund Development
- Ethan Annis  Co-Chair
- Stacy Shorey  Co-Chair
- Donna Peterson
- Pam Goulette
- Helen Higgins
- Sue Mackey Andrews
- Barbara Brown
- Karen Pomeroy
- Barb Austin
- Carol Kilpatrick
- Jane Stitham
- Nolan Lovell
- Ryan Dankert
- Wendy Berce
- Tami Cox
- Kristen Sutherland
The committee met monthly with the exception of the summer months. The membership of the committee remained consistent during the year. Sue Burgess was welcomed back after a short hiatus from the committee due to her work schedule. Members of the committee include Ardie Hacker (chair), Kathy Willey, Sue McNulty, Marsha Hansen, Pam Tower, Priscilla Higgins, and Sue Burgess. Jane Stitham and Lisa White provided staff support and expertise to the committee.

Despite extensive advertising and contacts with the local school systems, no families presented themselves as needing bereavement support through the Nights of Service program.

Ariful Grief workshops have been successful. One workshop for middle aged children offered in August and did attract two girls and the program was very meaningful to them. An adult ariful grief workshop held in June had five participants.

The Lunch and Learn Support Group for adults met monthly from September 2018 through May 2019. This program continued to be well attended and appreciated by the participants. Due to interest in the topics that were presented by organizations within the community, some of the sessions became “overpopulated”, lost focus on the bereaved individual, and became educational events. As a result, the format was changed beginning with the September 2019 session and the name was changed to Growing Through Grief. The group now meets on the 3rd Tuesday of the month from 1:00 pm to 3:00 pm, with participants sharing their grief stories for an hour, followed by dessert and coffee, and then the formal presentation. Advertising for the program emphasizes that it is aimed at those who are grieving, not the general public. Facilitators for the group are Barb Austin, Andrea Thurlow and Ardie Hacker.

The Evening Adult Support Group continued to meet twice a month on the 2nd and 4th Wednesdays. Participation has been consistent over the year. Facilitators include Rita Corbin, Andrea Koltai-Price, Ardie Hacker, and Lisa White.

Pine Tree Hospice facilitators and staff provided grief support for the “Every 15 Minutes” program offered by the high schools in Dexter and Milo in May. This program focuses on making teenagers aware of the dire consequences of driving impaired or in a reckless manner. The scenario is very graphic, and many students are strongly impacted and in need of support.

The annual Remembrance Ceremony was held on April 28th. A light supper was served and those who attended were able to participate in several activities aimed at grief support. Decorating and lighting luminaries was the highlight of the event.

Respectfully submitted by Ardis Hacker, Chairman
The Board Development Committee along with the Executive Committee recommends the following individuals as officers for the upcoming year:

President: Kathleen Thibault, D.O.
Vice President: Matt Raynes
Secretary: Donna Peterson
Treasurer: Nolan Lovell

The following Board members have agreed to serve another year:

Marsha Hansen
Pam Tower
Dolores Curtis
Sue McNulty
Toby Nelson
Ryan Dankert

In addition, we are nominating Wendy Hutchins join the Board of Directors for a three-year term.

We are very thankful to our Board members for being willing to serve and for dedicating their time to Pine Tree Hospice.

The Board Development Committee would like to especially thank Rhonda Taylor and Alice Bunn for their nine years of service on the Board of Directors. Their contributions over that time have been truly outstanding, and without Board members like Rhonda and Alice, Pine Tree Hospice could not serve our communities the way we do.

Respectfully Submitted,

Marsha Hansen
Board Development Committee
Education Committee Annual Report

The committee met monthly with the exception of the summer months. Committee members include Janet Sawyer and Andrea Thurlow, co-chairs; Sherry Corbin, Ardie Hacker, Priscilla Higgins, Sue McNulty, Lisa White, and Jane Stitham.

Activities for the year include the following:

New Direct Care Volunteer and Bereavement Facilitator Trainings.

Preparations for both Core and Direct Care training sessions were made for fall of 2018. However, the lack of enough participants forced a cancellation.

Spring and Fall training for 2019 were included in the Piscataquis Valley Adult Education Center (PVAEC) catalog, with changes to course descriptions as needed.

The Core and the Direct Care training was offered in the spring of 2019. Four participants completed the training. The Core was again held September with six participants completing the training.

Bereavement Facilitator training was scheduled for Spring of 2019 but was cancelled due to scheduling issues with participants. A new training is scheduled for this fall.

The committee agreed to explore other ways for participants to make up classes that are missed during new volunteer training. In the Fall of 2019, with the help from Foxcroft Academy’s film department, audio and video recording of the training sessions were done so that individual classes may be viewed by participants. Recordings are now in the editing process.

Advance Care Planning Program.

The new Advanced Care Planning program was established through grant funding and the training of three new Facilitators, in addition to the PTH Education Coordinator, took place in January.

Several seminars were held in Dover-Foxcroft, Sangerville, and Greenville. The program had 121 participants. More seminars are planned for the coming year.

The Center Theatre offered a grant-funded production of Tuesdays with Morrie, a live play based on the book by the same name, which was performed at Center Theatre in Dover-Foxcroft and at the high school auditorium in Greenville. Pine Tree Hospice was invited to collaborate as part of its Advance Care Planning Program. More than 400 people attended the production, and 253 people stayed afterward for a discussion led by PTH Advance Care Planning facilitators.

A Book Club was offered in conjunction with the Maine Humanities Council, in the Spring of 2019 but were not well attended. In May 2019, a new book club was devised. The new PTH Book Club began in September 2019 and will continue throughout the fall—with a hiatus for winter months—and will resume in the Spring. This time it is well attended.

Movies were held at the Pine Tree Hospice office for continuing education and for outreach. The movies included were “A Lesson before Dying,” “Heaven is for Real,” and “Grace is Gone.” Several people attended.

The Annual Volunteer Training Packet and quiz were revised and distributed. This packet is an educational offering for volunteers consisting of PTH service-related materials. After reading the material, an open-book quiz is taken by the volunteer to show knowledge of the material. This is one of many ways that volunteers can fulfill their annual education requirements.

Respectfully submitted by Janet Sawyer and Andrea Thurlow, Co-Chairs, on October 28, 2019.
Executive Committee Report

The Executive Committee acts on behalf of the Board of Directors, meeting monthly to review the work that the Pine Tree Hospice staff, committee members and volunteers accomplish. In doing so, timely action is taken when indicated. The entire Board of Directors meet on a quarterly basis. The Executive Committee is comprised of the Offices of the Board of Directors and the Executive Director.

The Board of Directors, as a group, meets every two years to review and update Pine Tree Hospice’s strategic plan. This is currently a work in progress, having met this month, November 2019.

The reports that are submitted to the Executive Committee continue to impress us as a group. We are grateful for the hard work and the hours spent in volunteerism supporting Pine Tree Hospice and the communities which it serves.

On behalf of myself, the other members of the Executive Committee, and the entire Board of Directors, I would like to sincerely thank the dedicated staff, committee members and volunteers that give of themselves. Without these individuals, Pine Tree Hospice would not be the success that it is.

Accomplishments of 2018—2019 include:

- A new Executive Director was hired and transitioned into the position in October 2019.
- The slate of officers of the Executive Committee was secured for the 2019—2020 year. A new Treasurer has been named and the remainder of officers will continue in their positions.
- New members of the Board of Directors have been recruited and have been assigned to committees.
- New committee members have also joined to aide in the mission and vision of Pine Tree Hospice.
- As mentioned above, monthly meetings were held to update the Executive Committee on the workings of the Executive Director. The progress of grant searches and monies received, scheduled events and the activities of each committee was reviewed.
- New fundraising events such as Trivia Night and favorites such as the Variety Show, Sound Bites and the golf tournament were organized by the Fund Development Committee. This year’s sponsor for the golf tournament was Gordon Contracting, Inc. Each event continues to be a huge success.
- Program services such as individual client and family care, Growing Through Grief (formerly known as Lunch and Learn), Caring for the Caregiver, Yoga Nidra and Adult Bereavement continued with strong participation from the communities in our service area.
- Movies, Book Club and Coffee Talks continue to be held in collaboration with AARP, Beacon Hospice and the Maine Humanities Program at local venues such as the Thompson Free Public Library, Center Theatre and The Commons—free of charge to participants.
- The role of the Volunteer Coordinator changed, and a new staff member was hired to support this transition, all the while continuing to support the mission and vision of Pine Tree Hospice.
- The census of client’s families served continues to be robust.
- The Executive Director, with the assistance of the Pine Tree Hospice staff, continued to apply for and successfully receive numerous grants to support Pine Tree Hospice as a self-sufficient, not-for-profit organization. In a time of strong competition for funding, these monies are vital especially as Pine Tree Hospice receives no funding from government or insurance programs.
- The Executive Director, staff members, volunteers and Board members attended town meetings to educate the communities and seek funds to continue the services of Pine Tree Hospice.

Respectfully submitted,

Kathleen S. Thibault, D.O.
President, Board of Directors

Executive Board Members:
Matt Raynes, Vice President
Rhonda Taylor, Exiting Treasurer
Donna Peterson, Secretary
Pine Tree Hospice (PTH) has completed another year with positive net results. With year-end net revenue totaling $240,260.02 (unaudited); the staff, Board of Directors and volunteers are to be commended for their dedicated service to the mission of PTH and the value that it brings to the communities served. Because of the compassion from these individuals, Pine Tree Hospice has flourished.

The Board of Directors, along with the finance committee, understands the importance of PTH and the critical services that it brings to the surrounding communities. For this reason, funding is a crucial component of operations. With primary revenue coming from three main sources; fundraising, grants and in-kind donations, Pine Tree Hospice continues to explore all options to create revenue streams. As one grantor door closes, there is a need that must be met to find another one that opens to take its place.

It is also important that PTH continue to maintain its capital reserve account. The viability of the organization must be sustained, not just today, but for the future as well. It is the goal of the finance committee to find grantors who are willing to donate to the endowment funds that have already been established. This will give Pine Tree Hospice a solid financial base that can be built upon going forward. With careful planning and strategic thinking, PTH has established a strong financial position.

With another successful fiscal year coming to a close, Pine Tree Hospice has proven once again that a volunteer hospice can survive in a rural setting. Please allow me to extend a sincere “thank you” to Dale Shaw, Donna Hathaway, Nolan Lovell and Matt Raynes, members of the Finance Committee, for their continued support throughout the year. And “thank you” also to Jane Stitham, whose dedication to PTH does not go unnoticed.

Through the efforts of many, comes the success of one.

Respectfully Submitted,

Rhonda Taylor
Treasurer
The Fund Development Committee has done an incredible job once again for Pine Tree Hospice. We started the year budgeting to raise $61,035 and we finished the year raising $74,025 and raised $964 more than 2018. This year we decided to add an additional event: PTH Trivia night in March and it was an energizing evening. It was so successful that we decided to do two Trivia nights and replaced our Sound Bites event with a fall Trivia night. The Annual Appeal, the Variety Show, the Pine Tree Hospice Golf Open, continue to be fun and profitable events for the Fund Development Committee.

The Annual Appeal raised $16,281, which is $1,281 more than our goal of $15,000. A very healthy $21,811 was raised from miscellaneous fundraising and donations along with appropriations from the counties and towns that we serve.

We have three spring fundraisers. The Variety Show raised $10,558, which netted $586 less than last year. The show was a rousing success with Toby Nelson as our emcee again this year and the Q-tips providing us with a lot of laughs. The Golf Open contributed $13,555 and we partnered with Gordon Contracting. They are incredible partners to work with and brought in some great sponsors and well as auction items. We ended up with two flights and just short of the 20 teams we had hoped for with 19 teams playing on a beautiful June day. The new fundraiser we tried this year was held during a cold March evening and raised $4000. We had 14 tables with teams of up to six players. We also had several people who paid $5 to observe the game. The positive feedback from the entertaining experience is what led us to consider another Trivia night in the fall.

Trivia night is our new fall fundraiser. We are hoping for an even better turn out than in the spring. Sponsors from Sound Bites were more than willing to switch their support to the Trivia night.

Next year we are raising our budget goal to $67,470. We plan to hold all of the same events next year, two Trivia nights, the Variety Show, the PTH Open and the Annual Appeal. We hope that you will find something that interests you to participate in!!

Thank you again to all the volunteers and the entire Fund Development Committee for a great year.

Respectfully submitted,

Stacy Shorey

October 4, 2019
Last March, we had our first major event of the year, the Caring for the Caregiver event called “It’s All About You.” This program focused on those women and men who support and care for loved ones or have suffered a loss. It’s a day to get away, relax, get information regarding available services, and get pampered. Many practitioners participated offering manicures, massage, reiki, chair yoga, and more. As usual, the event was very well attended.

Annually, we try to put on an all-day program to explore the types of dementia, the progression of disease, and some strategies caregivers could use when caring for those with dementia. Last June, we offered a day-long workshop on “Dementia Care Strategies” with nationally-recognized expert, Kathryn Pears. We co-partnered with The Commons for the event and as usual, it was very well received with participants attending, many traveling more than an hour each way.

Our first program for the fall was last September with Jim Austin who addressed a full house covering legal matters that are important to the public as well as to many of our clients and their caregivers. He described the importance and function of such topics as wills, probate, advance directives, trusts, etc.

This time last year we were about to sponsor two movies at the Center Theatre. Along with AARP, we were able to show the “Bucket List” and later with Beacon Hospice, we offered “Christmas in Conway.” This fall we have another movie night in the queue, “What We Had” starring Blythe Danner on November 15. Again, we will be partnering with AARP.

As an ongoing event, Yoga Nidra has been offered on and off at the Congregational Church in Dover-Foxcroft. This is a very relaxing/meditative yoga practice offered by Gayle Worden from Friends of Community Fitness.

The Hospice Committee is always looking for topics that might be of interest to our community. If you have a suggestion, please feel free to contact us.

Respectfully Submitted,
Alice Bunn, Chair
Jane Stitham
Lisa White
Barbara Brown
Dodie Curtis
Jayne Sharrow
Deanne Merrill
Cheryl Fairbrother
Chris Ryder
Why do we have a Public Relations Committee? What is the benefit of our efforts to see that Pine Tree Hospice is getting the word out to the public? Simply stated there are four main reasons:

- Greater public awareness makes Pine Tree Hospice more accessible to people in need of our services
- Knowing of the services we provide encourages more volunteerism
- Donors support organizations that are well known and understood
- When other non-profits or business seek partners for new projects, Pine Tree Hospice will come to mind.

Highlights of our PR efforts over the past year have included:

- Created and distributed our winter and summer newsletters
- Did an interview for The Washington Post
- Made regular updates and postings on Facebook
- Used Facebook services to do a successful online fundraiser
- Worked with the Town of Dover-Foxcroft to get our events published on their television channel 5
- Prepared a summary sheet of the latest Pine Tree Hospice information for PTH representatives to have when presenting at town meetings to secure funding or are representing us at other forums
- Developed a new informative film/powerpoint to show prior to Variety Show
- Did presentations throughout our service area at churches, clubs and at other gatherings
- Attended the monthly AARP coffee talks
- Did presentations for classes at local colleges
- Had an informational table in the lobby of a local bank throughout the year
- Updated brochures

Additionally, PTH services and events continue to be publicized through flyers, articles in newspapers, and as updates via email, regular mail and social media. We are also very fortunate to have found a local volunteer to post our posters of upcoming events in over twenty different sites.

Our committee is always looking for fresh ideas and members to help us promote Pine Tree Hospice. Please contact the office if you would like to join us and assist in this important work.

The Pine Tree Hospice Public Relations Committee
Pine Tree Hospice Balance Sheet Fiscal Year End 9-30-19

*Unaudited*

ASSETS

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**TOTAL ASSETS**

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LIABILITIES & EQUITY

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**TOTAL LIABILITIES & EQUITY**

404,372
Statement of Activities

PINE TREE HOSPICE
STATEMENT OF ACTIVITIES

FOR THE PERIOD 10/1/18-9/30/19

REVENUE AND SUPPORT:

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EXPENSES AND LOSSES:

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<td>Small Gift Income</td>
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<td>Donated Equipment Contribution</td>
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Pine Tree Hospice Budget for Fiscal Year 2020

As a volunteer hospice, Pine Tree Hospice receives no State or Federal funding, and no payments from insurance companies. In Maine, State regulations dictate that any entity describing itself as a Volunteer Hospice Program provides all care at no charge. Since PTH is not permitted to be a fee-for-service organization, our financial viability is dependent solely upon the generosity received from grants, fundraising, strong collaborative support, and donations.

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<th>INCOME SOURCES:</th>
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<td>PROGRAM COSTS</td>
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| NET INCOME:                         | 0       |
We thank our grantors for their support and confidence in our goal of providing non-medical care, support, and education, with respect and dignity, to people journeying through progressive life-limiting illnesses, caregiving, and bereavement.

The Agnes M. Lindsay Trust  
Doree Taylor Charitable Foundation  
E. Rhodes and Leona B. Carpenter Foundation  
Helen & George Ladd Charitable Corporation  
Laird Norton Family Foundation  
Libra Foundation  
Maine Community Foundation  
Maine Humanities Council  
Margaret E. Burnham Charitable Trust  
Narragansett Number One  
Plummer Memorial Foundation  
The Red Empress Foundation  
The Simmons Foundation  
Wing-Benjamin Trust
Event Sponsors

A.E. Robinson Oil Co., Inc.
Appliance Service Solutions
Bangor Savings Bank
Bear’s Dean Motel
Bissell Brothers Brewing
Bob’s Home, Farm & Garden
Bob’s Sugarhouse
C.A. Dean Memorial Hospital
Charles & Jane Merrill
Chasse Chiropractic
CHCS New Hope Hospice
Crosby & Neal Inc.
Dave’s World
Drs. Fernow and Frasz
E.W. Littlefield, Inc. & Sons
Earl Gerrish & Sons
Eaton Peabody
Finestkind Tree Farms
Foxcroft Academy
French Foundations
Friends of Community Fitness
G.A. Jackson & Son LLC
Gordon Contracting
Hamden Electric
Hardwood Products Co. LLC & Puritan Medical Products Co. LLC
Hibbard Skilled Nursing Center
Hometown Health Center
Hopkins Landscaping LLC
Howard Insurance
Hydrograss Corp.
J.D. Raymond Transport
Johnson Foundations, Inc.
Kimball Insurance
Kimberly C. Cavanagh, Esq.
Lakeshore House
Lander & Sons, Inc.
Lary Funeral Home
Lemieux Christmas Tree Farm
Lovell’s Guilford Hardware
Lumbra Hardwoods Inc.
Maine Highlands FCU
Maine Savings FCU
Malatesta Machine & Welding
Lemieux Christmas Tree Farm
Lovell’s Guilford Hardware
Lumbra Hardwoods, Inc.

Inkind Sponsors

AARP
Al Bogdanski
Andrea Thurlow
Ardie Hacker
Barb Austin
Beacon Hospice
Bissell Brothers Brewing
Brenda Schultz Photography
Bungalow Cottage Designs
Chloe’s Collections Florist & Gift Shoppe
Dave and Elizabeth Perkins
Deb Drew
Debra Smith
Dexter Municipal Golf Course
Donna Peterson
D-F Congregational Church
Emery Cox
Foxcroft Academy
Foxcroft Golf Club
Gordon Contracting
Guilford Bed & Breakfast
Guilford United Methodist Church
Helen Higgins
Hillary Starbird
Kathy Farris
Kebo Valley Golf Course
Lovell’s Guilford Hardware
Marlene Wilson
Mayo Regional Hospital
Mountain’s Market
Natanis Golf Course
Northeast Whitewater
Pam Goulette
Pam Pultz
Poole’s Place for Steaks and More
Pride’s Sports
Rita Mountain
Ryan Dankert
Samoset Golf Course
Shaw’s
Sherry French
Solutions Consulting
Spruce Mill Farm and Kitchen
Stacy Shorey
T. Dow Photography
The Quarry
Vicki Brackett
Webhannet Golf Club
Webber Ace Hardware
Maine Highlands FCU
Maine Savings FCU
Malatesta Machine & Welding
Mallett Real Estate
Mountain’s Market
Northwoods Canoe Company
Numberall Stamp & Tool Co., Inc.
Parker Lumber
Pleasant River Lumber
Plymouth Engineering
Reddy Health Center
Rowell’s Garage
Santos Builders
Skowhegan Savings Bank
Steinke & Caruso Dental Care
Taylor Contracting
The Commons at Central Hall
Thomas Logging & Forestry, Inc.
UBS
Whitney’s Guilford Market
Will’s Shop ‘n Save
WOW Soaps
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Who We Are
Pine Tree Hospice—A Volunteer Hospice

Hospice Services
Since 1986, Pine Tree Hospice’s mission has been to offer comfort with dignity to people of any age living with a progressive life-limiting illness, and because of this, we may have clients for years versus months. A volunteer hospice can provide non-medical services whenever an individual and their family need them, whether or not the individual is pursuing curative treatment. There is no need for a physician’s referral and all services are provided free of charge. The Coordinator of Volunteers and Client Services will assess the family’s situation, their needs and PTH’s ability to assist and then assign a volunteer accordingly.

Caring for the Caregiver Program and Community Education
PTH offers support to the unsung heroes in our communities—caregivers. From September through June, we schedule multiple events honoring, encouraging, educating, and aiding personal or professional (past, present, and future) caregivers in their demanding tasks. These events are open to all members of the community as well. Past events have included Dementia Care Strategies; Nuts & Bolts of Caregiving; Estate Planning; and Advance Directives. Other educational workshops have included End of Life Planning.

Bereavement Services
PTH provides bereavement support through peer support groups which are facilitated by trained volunteers. Services are available to any child or adult who has experienced a loss through death, whether recently or years ago. A person need not have received hospice services through PTH to attend grief groups.

Peer support groups include: Growing Through Grief, formerly know as Lunch & Learn, which offers support along with a nutritious lunch and presentation; an evening Adult Bereavement Group, which meets twice monthly year-round.

PTH also holds an annual Remembrance Celebration, which is open to the community and provides an opportunity for young and old to honor and celebrate the memory of family and friends who have died, whether recently or long ago. Memorial activities for all ages are offered, as well as the opportunity to be with others who have experienced loss. Music and refreshments are provided throughout the event. Recently, a workshop on Artful Grief explored grief through the arts.

Other Resources
Our office, at 883 West Main Street in Dover-Foxcroft, has resources for people of every age. We have a lending library with books and videos related to caregiving, death, dying and bereavement; there are novels and children’s books, too. We also have Advance Care Planning materials and Resource Identification. We welcome you to visit us and encourage you to look at our website or Facebook page for our events, seminars and workshops.

Pine Tree Hospice
883 West Main Street, Dover-Foxcroft, ME 04426
207-564-4346

www.facebook.com/PineTreeHospice/
www.pinetreehospice.org
We can’t add days to your life, but we can add life to your days.