

The "MIND" of the Body in Your Hands

100 HR. ADVANCED TRAINING (CE's)

with Karin Spitfire, L.M.T.

Each tissue, because of its specific structure & function, moves in distinct ways. Each tissue, cell, has consciousness or *MIND*. In the body, in the tissues, the *MIND* expresses itself through its movement. This expression /movement can be felt, read and interpreted. Movement is the integration of body/mind, the interface/expression of matter and energy.

This course will: introduce and ground you in “*MIND*” with **specific hands-on skills** for each tissue group: cellular, skeletal, muscular, membranes (including fascia, ligaments and tendons), organs, fluids, glands and nerves. You will explore the **emotional/consciousness state of each tissue type & how that can be used for healing**. It will also **raise your capacity for attention, intention, resonance & transmission of different body-mind states through both movement and touch**. It will deepen your abilities to sense and facilitate movement in both your own & your client’s body, **creating “protocol” for exactly what is needed at the moment**.

Karin Spitfire. LMT graduated from the Sarasota School of Natural Healing Arts in 1979. Since then she has been a practicing massage therapist. In 1989 she completed a Master’s degree specializing in Body-Mind Therapies which included in-depth training in the somatic movement therapy "*Body-Mind Centering*®." Karin has studied a wide-variety of movement training, expressive therapies & soft-tissue techniques.

Therapeutic Bodywork Learning Center, Bangor, Maine

947-7087, hasmith@midmaine.com (for more info & to register)

Level I : Feb. 25-26, March 17- 18, April 14 (50 CE hrs. \$750)

Level II: April 15 & 28-29, June 2-3 & 16 (50 CE hrs. \$750)

Full 100 hr. CE program cost: \$1,500. (save \$100 with early reg. by Jan. 15)