

Evergreen Bereavement Peer Support Groups

*For children and families who have
lost someone close to them...*

Expressing feelings in a safe place is part of the healing process after a death. It is the foundation of the work done in the peer support groups. Children, teens, young adults, and adults benefit from a supportive environment with a peer group of people who have suffered similar losses.

The groups are led by two trained and supervised volunteers who have completed 28 hours of training. We are a peer support model and do not provide therapy or counseling. Referrals to mental health professionals are made according to individual needs. A professional consultant joins every other Night of Service.

Groups meet Wednesday evenings from 7:00-8:00 p.m. Peer groups are age appropriate: 3-5, 6-8, 9-12, and teens. Separate support groups are available for the adult family members as well.

If your family is interested in attending Evergreen's Peer Support Groups or would like more information, please contact Pine Tree Hospice and request an "Evergreen Packet."

All we need is your name and address and a packet will be mailed to you.

☎ Call 564-4346 or

✉ E-mail wecare@pinetreehospice.org

Evergreen, The Pine Tree Hospice Center for Grieving Children and Their Families was created in response to numerous calls to Pine Tree Hospice seeking grief support services for children. These children need peers and caring adults to support them through their grief, because death profoundly affects every aspect of their lives.

Evergreen is modeled after The Center for Grieving Children located in Portland, Maine, founded in 1987, whose mission is to provide loving support to grieving children, teens, families and the community through peer support, outreach, and education, honoring and encouraging the safe expression of grief and loss and providing a loving community to foster the discovery and development of each child's own resiliency and emotional well-being.

Evergreen ~ Pine Tree Hospice
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Evergreen



The Pine Tree Hospice
Center for Grieving
Children and Their Families



Evergreen, The Pine Tree Hospice Center for Grieving Children and Their Families

Volunteer Opportunities

Looking for a meaningful volunteer opportunity?

- Support Group Facilitators
- Office Support
- Special Events
- Fundraising
- Grant Writing

The list is endless!

Volunteering at The PTH Center for Grieving Children is an opportunity to give your time and skills to make an important difference in the life of a child, teen, family, and the community.

We have a use for any time or skill you would like to contribute.

If you have a special gift, please let us know.

PTH Board of Directors – We are always looking for new board members with various areas of expertise (i.e., marketing, fundraising, governance, accounting, and program development). PTH has a “working” Board with members participating on Committees and special projects.

If you would like to volunteer, call Pine Tree Hospice at 564-4346 or e-mail wecare@pinetreehospice.org.



Evergreen promotes living a healthy lifestyle by emphasizing the importance of making healthy food choices, being physically active, and quitting tobacco use.



Evergreen is sponsored in part by grant funding from the Piscataquis Public Health Council.

Evergreen Peer Support Group Facilitators are much like “Hearts with Ears”



The PTH Center for Grieving Children is always looking for volunteers to help support children, teens, young adults and families who are grieving the death of a family member or friend.

Volunteer Facilitators meet with children and their families one evening a week.

All facilitators go through an intense 28-hour training before being placed in a support group.

Volunteers are asked to make a 1-year commitment.

Our volunteers are our most valuable resource – generous people from the community, supporting families at a difficult and lonely time.

YOU can help US help children and families heal

Evergreen is sponsored in part by grant funding from the Hospice Education Institute, JTG Foundation, Maine Charity Fund of the Maine Community Foundation, Maine Youth Suicide Prevention Project, and Substance Abuse and Mental Health Services Administration.

Giving Opportunities

Understanding that when a loved one dies is often a most difficult time financially, we provide our bereavement peer support groups free of charge. We rely on private individual donations, foundation grants, and special events.

There are a variety of ways to support the PTH Center for Grieving Children and Their Families, all special in helping us provide the resources to reach grieving families.

Pine Tree Hospice Annual Appeal

The Annual Appeal is the cornerstone to meeting our operating budget and we encourage all to participate no matter what the size of the gift. With more people giving to the annual drive, the more PTH’s spirit of community is realized and represented.

Memorial and Honor Gifts

A gift in memory of a departed family member or friend or in honor of those living is one of the most cherished ways to honor and remember a loved one.

Corporate Sponsorship

Invest in your community by sponsoring one of our events. There are many opportunities to help the Center help those in need and receive recognition for all the great work you do!

