

Pine Tree Hospice Volunteer Education Curriculum:
Topics and Outcomes: Direct Care Hospice

Presenters:

- Please address all of your topic outcomes within the allotted time
- You are at liberty to address the topics as you wish and you are free to add content
- *Thank you!*

DIRECT CARE HOSPICE TOPICS <i>Prerequisite: Core Curriculum</i>	HOURS
<p>Funeral Arrangements</p> <ol style="list-style-type: none"> 1. Become comfortable discussing a list of tasks, such as funeral arrangements, with a hospice person and/or family 2. Identify funeral services available in the community 	1.5
<p>Multidisciplinary Management and Hospice Resources</p> <ol style="list-style-type: none"> 1. Become familiar with additional community resources for hospice clients and families 2. Report client/family needs and suggested referrals to the PTH Coordinator in a timely manner 3. Explain the various roles of PTH volunteers and other hospice team members (medical hospice as well as other community providers) 4. Develop an understanding of a Pine Tree Hospice team meeting 5. Using resources such as the Funeral Consumers Alliance of Maine (www.FCAMaine.net), be prepared to discuss alternative funeral arrangements when requested by client/family 	1
<p>Pain and Symptom Management</p> <ol style="list-style-type: none"> 1. Briefly describe health problems commonly experienced at end-of-life (ie COPD, degenerative neurological diseases, CHF, sudden cardiovascular and cerebrovascular events, pneumonia, systemic infection, kidney failure, liver failure, metastatic cancer) 2. Define palliative care 3. Be prepared to use, and to teach the family to use, a pain rating scale to assess and document level of pain 4. Discuss health problems associated with various chronic illnesses 5. Identify medical interventions in the management of pain and other symptoms that may occur during the dying process 6. Identify ways a volunteer can assist a person receiving palliative care 	1.5

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<p>Psychological Perspectives On Death And Dying</p> <ol style="list-style-type: none"> 1. Describe the phases of living with a life threatening illness as described by Kenneth Doka, Ph.D. 2. Identify the physical, psychological, social, and spiritual tasks of coping with dying as described by Charles Corr, Ph.D. 	1.0
<p>Support During Stages Of Dying</p> <ol style="list-style-type: none"> 1. Be prepared to discuss ways a volunteer can assist a hospice person/family to cope with the various needs and losses during the dying process including: <ol style="list-style-type: none"> a. physical changes (eating, digestion, breathing, weakness, skin changes, bleeding, pain, seizures) b. mental, spiritual, emotional and social aspects (unresolved conflicts, withdrawal, visions, restlessness, confusion, giving permission) c. signs of approaching death (final 1-3 months, 1-3 weeks, days or hours, minutes) d. final days or hours before death (general agitation, temperature, digestion, breathing, decreased awareness, eyes, pain, saying goodbye) 2. Practice doing a “Life Review” or “Guided Reminiscence” using objects in the client’s environment or history to begin the discussion 	2.0
<p>Volunteer Roles</p> <ol style="list-style-type: none"> 1. State the responsibilities expected of a hospice volunteer 2. Know where to find a copy of the Pine Tree Hospice Policy Manual 3. Know what a volunteer should do in the home when death is imminent or has occurred 4. Read and sign the forms to be files in the Pine Tree Hospice office. 	2.0

TOTAL HOURS: 9